

HEARTplay AFTER-SCHOOL HEART @ Home FALL 2020



HEARTplaySM is a heart-centered bereavement program which offers support services for children, teens and young adults of all abilities who are coping with the life-limiting illness or death of an important person in their lives. Licensed mental health counselors and expressive therapists use movement, music, art, play, and discussion to help participants explore and express feelings associated with grief and loss. Participants are invited to honor their person, learn about the grieving process, and connect with peers who have experienced a similar loss. We strive to offer programs and services that are trauma-informed and responsive to the needs of families in our communities.

Fall 2020 Group Dates:

***Wednesdays 4-5pm
All Ages Welcome***

October 7
October 14
October 21
October 28
November 4
November 18
December 2
December 9

*no group Nov. 11 due to Camp HEARTplay or Nov. 25 due to Thanksgiving holiday

All groups are being held on Zoom through 2020.

Zoom invitations are emailed to all registered participants prior to the start of each group meeting.

Participants are welcome but not required to attend regularly.

Caregiver support groups offered monthly on Saturday mornings.

For new participants, register here:
heartplayprogram.org/registration

HEARTplay AFTER-SCHOOL participants are invited to also attend HEARTplay WEST or EAST one Saturday per month and any special events. Visit heartplayprogram.org for updates and additional details.

*All programs are offered at **no cost** to all families.*



Beth Israel Lahey Health
At Home



Questions, contact: Jennifer Wiles, HEARTplay Director
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