HEARTplay℠ is a heart-centered bereavement program offering support services for children, teens and young adults of all abilities who are coping with the serious illness or death of an important person in their lives. Licensed mental health counselors and expressive therapists use movement, music, art, play, and discussion to help participants explore and express feelings associated with grief and loss. Participants are invited to honor their person, learn about the grieving process, and connect with peers who have experienced a similar loss. All programs are offered at no cost to all families. We strive to offer programs and services that are trauma-informed and responsive to the needs of families in our communities.

**IN PERSON GROUPS**

**Good Shepherd Community Care**
Newton, MA

**HEARTplay SATURDAYS**
1st Saturday of each month (Jan-June)
10am-noon
Groups for children, teens, and parents/caregivers

**HEARTplay FAMILY DINNERS**
3rd Wednesday of each month (Jan-May)
5:30-7pm All ages!
(February and April timing may change due to school vacation weeks. Details TBA!)

**ONLINE GROUPS**

**HEARTplay YOUNG ADULT**
1st & 3rd Sundays each month 5-6pm

**HEARTplay COLLEGE**
1st & 3rd Tuesday of each month
3:30-4:30pm

**HEARTplay AFTER-SCHOOL**
Tuesdays 4:30-5:30pm
1st & 3rd Tuesday of each month ELEMENTARY
2nd & 4th Tuesday of each month TEEN

**HEARTplay for Individuals with Down Syndrome**
2nd & 4th Tuesday of each month 3:30-4:30pm

**HEARTplay Grandparent Loss Workshop**
1st Tuesday of each month 3:30-4:30pm
February-May

All programs are offered at no cost to all families.

Contact: Jennifer Wiles, HEARTplay Director
508-309-5107 or jwiles@gscommunitycare.org