HEARTplaySM is a heart-centered bereavement program which offers support services for children, teens and young adults of all abilities who are coping with the life-limiting illness or death of an important person in their lives. Licensed mental health counselors and expressive therapists use movement, music, art, play, and discussion to help participants explore and express feelings associated with grief and loss. Participants are invited to honor their person, learn about the grieving process, and connect with peers who have experienced a similar loss. All programs are offered at no cost to all families. We strive to offer programs and services that are trauma-informed and responsive to the needs of families in our communities.

HEARTplay Groups:

ONLINE GROUPS

HEARTplay YOUNG ADULT
Two Sundays per month 5-6pm
College Aged YA Group - dates/times TBA

HEARTplay AFTER-SCHOOL
Wednesdays 4:30-5:30 pm
Elementary and Teen groups, alternating
Wednesdays

Corazón a Corazón: A Spanish
Speaking HEARTplay Group
2nd Saturday of each month
Ages 6-12: 10-11 am
Teens: 11 am-12 noon

Coração a Coração: A Portuguese
Speaking HEARTplay Group
Dates & Times TBA

IN PERSON GROUPS

HEARTplay WEST/EAST
1st Saturday of each month*
*January groups will be the 2nd Sat. 1/8/22
Newton, MA January-March 2022
Pre-School 9:15-10am
Ages 6-12 10am-12pm*
Teens 1-3pm
*Caregiver support groups offered HEARTplay Saturdays 10am-12pm.

Registration required.
New participants, register at: heartplayprogram.org/registration

Workshops & Special Events:

CAMP HEARTplay
One-day camp experiences during school holidays/vacation weeks
HEARTplay Grandparent Loss Workshop
1st Wednesday of each month
5:30-6:30pm (on zoom)

Registration required.
New participants, register at: heartplayprogram.org/special-events

All programs are offered at no cost to all families.
Visit heartplayprogram.org/heartplay-groups for a detailed calendar.

Questions, contact: Jennifer Wiles, HEARTplay Director
508-309-5107 or jwiles@mah.harvard.edu